

Fit & Healthy Summer



Summertime is filled with sunshine, picnics at the lake, special outings, family vacations and celebrations. But it is also a time when disruptions in the normal routine can make it difficult to stay committed to healthy living. *Fit and Healthy Summer* is designed to help First Place 4 Health members and participants stay on course through their journey toward a balanced life. This thirteen-week class will be taught by Denise May and will meet in the church library.

Not a Fan

Are you a follower of Jesus? Don't answer too quickly. In fact, you may want to read this book before you answer at all. Consider it a 'Define the Relationship' conversation to determine exactly where you stand. You may indeed be a passionate, fully devoted follower of Jesus. Or, you may be just a fan who admires Jesus but isn't ready to let him cramp your style. Then again, maybe you're not into Jesus, period. In any case, don't take the question—Are you a follower of Jesus?—lightly. This thirteen week class, taught by Pastor Matt, will meet in Max Hall, Room 101.



Using Your Spiritual Gifts



Everybody has at least one spiritual gift, but what are they good for? And what good is a gift if you never use it? Come explore your spiritual gifts and how you can use them for the purpose God intended: the building up of the church body for the glory of Jesus Christ. This thirteen week class will be taught by Chantel Bink and will meet in Classroom 1 in the new building.

The Christian Atheist



'The more I looked, the more I found Christian Atheists everywhere.' Former Christian Atheist Craig Groeschel knows his subject all too well. After over a decade of successful ministry, he had to make a painful self admission: although he believed in God, he was leading his church like God didn't exist. To Christians and non-Christians alike, to the church and the unchurched, the journey leading up to Groeschel's admission and the journey that follows—from his family and his upbringing to the lackluster and even diametrically opposed expressions of faith he encountered—will look and sound like the story of their own lives. This class, taught by Phil Zema, will meet in Classroom 2 in the new building.

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